



WEST VIRGINIA

TRACK & FIELD

2013-14 Indoor Performance List

!-Personal Best | ^-School Record | p-Prelims | s-Semifinals | t-Tied

60 Meters

Mark	Athlete	Meet (Date)	Place
7.87!	Bria Welker	WVU Invite (1/18)	1st
7.98	Bria Welker	YSU Invite (1/24)	7th
8.12	Ashanti Bess	Akron Invite (2/8)	24th

200 Meters

Mark	Athlete	Meet (Date)	Place
25.59!	Bria Welker	YSU Invite (1/24)	3rd
26.06	Bria Welker	WVU Gold-Blue (2/21)	1st
26.07	Bria Welker	YSU Icebreaker (12/6)	3rd
26.20	Ashanti Bess	Akron Invite (2/8)	11th(b)
26.30	Ashanti Bess	WVU Invite (1/18)	1st
26.36	Ashanti Bess	YSU Invite (1/24)	11th
26.54	Ashanti Bess	WVU Gold-Blue (2/21)	2nd
26.59	Ashanti Bess	PSU Relays (1/11)	15th

400 Meters

Mark	Athlete	Meet (Date)	Place
57.20!	Bria Welker	Akron Invite (2/8)	1st(b)
57.46	Bria Welker	SPIRE Invite (2/15)	9th
58.71	Bria Welker	YSU Icebreaker (12/6)	2nd
59.08	Bria Welker	WVU Gold-Blue (2/21)	1st
59.29	Alyssa Scherich	YSU Invite (1/24)	7th
59.76	Alyssa Scherich	Akron Invite (2/8)	12th(b)
101.71	Arielle Gaither	WVU Gold-Blue (2/21)	2nd

500 Meters

Mark	Athlete	Meet (Date)	Place
1:17.35	Alyssa Scherich	WVU Gold-Blue (2/21)	1st
1:17.71	Brianna Kerekes	WVU Gold-Blue (2/21)	2nd
1:18.32	Alyssa Scherich	WVU Invite (1/18)	1st
1:18.53	Alyssa Scherich	PSU National (1/31)	14th
1:18.86	Bria Welker	PSU Relays (1/11)	13th
1:18.91	Alyssa Scherich	PSU Relays (1/11)	14th
1:19.46	Shannen Daly	WVU Invite (1/18)	2nd
1:21.51	Brianna Kerekes	WVU Invite (1/18)	3rd
1:25.63	Arielle Gaither	PSU National (1/31)	23rd
1:26.85	Allison Tyree	PSU Relays (1/11)	31st

600 Yards

Mark	Athlete	Meet (Date)	Place
1:26.41	Alyssa Scherich	Big 12 Indoor (3/1)	13th
1:34.84	Alyssa Scherich	SPIRE Invite (2/15)	8th
1:39.50	Arielle Gaither	SPIRE Invite (2/15)	13th

800 Meters

Mark	Athlete	Meet (Date)	Place
2:13.35	Amy Cashin	Akron Invite (2/8)	5th
2:13.86	Amy Cashin	Columbia Last Chance (3/8)	3rd
2:15.49	Amy Cashin	YSU Invite (1/24)	2nd
2:16.37	Sarah Martinelli	YSU Invite (1/24)	3rd
2:16.50	Brianna Kerekes	Columbia Last Chance (3/8)	6th
2:17.14	Brianna Kerekes	SPIRE Invite (2/15)	32nd

2:19.04	Brianna Kerekes	Akron Invite (2/8)	3rd(b)
2:19.17	Shannen Daly	Akron Invite (2/8)	4th(b)
2:21.00	Alyssa Scherich	Columbia Last Chance (3/8)	12th
2:21.13	Shannen Daly	WVU Gold-Blue (2/21)	1st
2:21.16	Christa D'Egidio	WVU Gold-Blue (2/21)	2nd
2:21:60	Brianna Kerekes	YSU Invite (1/24)	7th
2:22.60	Shannen Daly	YSU Invite (1/24)	14th
2:24.13	Arielle Gaither	YSU Invite (1/24)	20th
2:24.88	Allison Tyree	YSU Invite (1/24)	24th
2:26.37	Sydney Scott	WVU Invite (1/18)	1st
2:26.93	Arielle Gaither	WVU Invite (1/18)	2nd
2:27.39	Allison Tyree	Akron Invite (2/8)	16th(b)
2:31.31	Allison Tyree	WVU Gold-Blue (2/21)	3rd

Mile

Mark	Athlete	Meet (Date)	Place
4:47.11	Sarah Martinelli	Columbia Last Chance (3/8)	6th
4:47.13	Sarah Martinelli	SPIRE Invite (2/15)	7th
4:47.48	Sarah Martinelli	Big 12 Indoor (3/1)	5thQ
4:52.08	Sarah Martinelli	Big 12 Indoor (3/1)	7th
4:57.67	Sydney Scott	SPIRE Invite (2/15)	22nd
5:00.78	Sydney Scott	Akron Invite (2/8)	5th
5:01.48	Kelly Williams	Big 12 Indoor (3/1)	13th
5:01.45	Megan Yuan	SPIRE Invite (2/15)	26th
5:02.57	Megan Yuan	Columbia Last Chance (3/8)	10th
5:03.45	Sydney Scott	YSU Invite (1/24)	1st
5:25.67	Allison Pettit	Akron Invite (2/8)	16th
5:26.93	Allison Pettit	YSU Invite (1/24)	22nd
5:35.66	Allie Diehl	WVU Invite (1/18)	9th

1,000 Meters

Mark	Athlete	Meet (Date)	Place
2:54.80	Amy Cahin	Big 12 Indoor (3/1)	10th
2:56.15	Amy Cashin	WVU Invite (1/18)	1st
2:57.88	Sarah Martinelli	WVU Invite (1/18)	2nd
3:22.93	Allison Tyree	WVU Invite (1/18)	3rd

3,000 Meters

Mark	Athlete	Meet (Date)	Place
9:44.91	Sydney Scott	Big 12 Indoor (3/1)	13th
9:47.60	Savanna Plombon	Big 12 Indoor (3/1)	17th
9:49.19	Megan Yuan	Big 12 Indoor (3/1)	18th
10:08.18	Paige Szabat	Big 12 Indoor (3/1)	31st
10:47.42	Chelsea Jarvis	Akron Invite (2/8)	5th(b)
10:53.71	Allie Diehl	Akron Invite (2/8)	11th(b)
10:57.89	Allie Diehl	WVU Gold-Blue (2/21)	1st
11:00.87	Lydia Martinelli	WVU Gold-Blue (2/21)	2nd
11:03.94	Allie Diehl	PSU Relays (1/11)	13th

5,000 Meters

Mark	Athlete	Meet (Date)	Place
19:41.90	Chelsea Jarvis	WVU Invite (1/18)	1st



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High Jump

Mark	Athlete	Meet (Date)	Place
1.75m!	Hannah Stone	Big 12 Indoor	4th
1.73m	Hannah Stone	Akron Invite (2/8)	2nd
1.72m!	Marsielle McBeam	SPIRE Invite (2/15)	1st
1.70m	Marsielle McBeam	PSU National (1/31)	5th
1.70m	Hannah Stone	YSU Invite (1/24)	2nd
1.67m	Hannah Stone	SPIRE Invite (2/15)	t5th
1.66m	Hannah Stone	PSU National (1/31)	9th
1.65m	Hannah Stone	PSU Relays (1/11)	t6th
1.65m	Marsielle McBeam	Big 12 Indoor (3/1)	13th
1.65m	Marsielle McBeam	PSU Relays (1/11)	t6th
1.65m	Marsielle McBeam	WVU Invite (1/18)	t1st
1.65m	Hannah Stone	WVU Invite (1/18)	t1st
1.65m	Marsielle McBeam	Akron Invite (2/8)	5th

Triple Jump

Mark	Athlete	Meet (Date)	Place
12.60m	Stormy Nesbit	Big 12 Indoor (3/1)	2nd
12.42m	Stormy Nesbit	WVU Invite (1/18)	1st
12.37m	Stormy Nesbit	YSU Invite (1/24)	1st
12.27m	Stormy Nesbit	PSU National (1/31)	5th

Long Jump

Mark	Athlete	Meet (Date)	Place
5.88m	Stormy Nesbit	Big 12 Indoor (3/1)	6th
5.84m	Stormy Nesbit	Akron Invite (2/8)	2nd
5.82m	Stormy Nesbit	PSU National (1/31)	3rd
5.50m	Stormy Nesbit	SPIRE Invite (2/15)	12th

Shot Put

Mark	Athlete	Meet (Date)	Place
13.12m	Karissa Knabenshue	WVU Gold-Blue (2/21)	1st
12.99m	Karissa Knabenshue	WVU Invite (1/18)	1st
12.60m	Karissa Knabenshue	Akron Invite (2/8)	5th(b)
12.07m	Karissa Knabenshue	YSU Invite (1/24)	18th

Weight Throw

Mark	Athlete	Meet (Date)	Place
14.98m	Karissa Knabenshue	WVU Gold-Blue (2/21)	1st
14.63m	Karissa Knabenshue	WVU Invite (1/18)	3rd
13.95m	Karissa Knabenshue	Akron Invite (2/8)	18th(b)

Pole Vault

Mark	Athlete	Meet (Date)	Place
3.98m	Katlyn Shelar	SPIRE Invite (2/15)	2nd
3.97m	Katlyn Shelar	Akron Invite (2/8)	2nd
3.95m	Katlyn Shelar	Big 12 Indoor (3/1)	4th
3.90m	Katlyn Shelar	WVU Invite (1/18)	1st
3.86	Katlyn Shelar	WVU Gold-Blue (2/21)	1st
3.80m	Katlyn Shelar	PSU Relays (1/11)	2nd
3.75m	Katlyn Shelar	YSU Icebreaker (12/6)	1st
3.70m	Katlyn Shelar	YSU Invite (1/24)	3rd
3.52m	Rachel Hewitt	Akron Invite (2/8)	7th(b)

3.51m	Tori Bertrand	WVU Gold-Blue (2/21)	2nd
3.33m	Tori Bertrand	WVU Invite (1/18)	t3rd
3.25m	Kiley Defibaugh	YSU Invite (1/24)	8th
3.22m	Tori Bertrand	Akron Invite (2/8)	10th(b)
3.22m	Caitlin Walton	Akron Invite (2/8)	12th(b)
3.22m	Emily Gillespie	Akron Invite (2/8)	14th(b)
3.22m	Kim Mulvin	Akron Invite (2/8)	15th(b)
3.20m	Kim Mulvin	WVU Gold-Blue (2/21)	3rd
3.20m	Rachel Hewitt	WVU Gold-Blue (2/21)	t3rd
3.20m	Caitlin Walton	WVU Gold-Blue (2/21)	t3rd
3.20m	Kiley Defibaugh	SPIRE Invite (2/15)	7th
3.18m	Emily Gillespie	WVU Invite (1/18)	t4th
3.18m	Kim Mulvin	WVU Invite (1/18)	t4th
3.18m	Caitlin Walton	WVU Invite (1/18)	t4th
3.15m	Tori Bertrand	PSU Relays (1/11)	6th
3.15m	Kiley Defibaugh	PSU Relays (1/11)	8th
3.15m	Emily Gillespie	PSU Relays (1/11)	9th
3.10m	Kim Mulvin	YSU Invite (1/24)	t11th
3.10m	Caitlin Walton	YSU Invite (1/24)	t11th
3.10m	Tori Bertrand	YSU Invite (1/24)	t11th
3.10m	Rachel Hewitt	YSU Invite (1/24)	t15th
3.03m	Rachel Hewitt	WVU Invite (1/18)	7th
2.80m	Emily Gillespie	YSU Invite (1/24)	t22nd

4x400 Meter Relay

Mark	Athlete	Meet (Date)	Place
3:52.53	Barreto, Scherich	SPIRE Invite (2/15)	16th
	Welker, D'Egidio		
3:53.05	Barreto, Scherich	Akron Invite (2/8)	5th
	Welker, D'Egidio		

Jenna Barreto (Sr.)

4x400 Meter Relay

3:52.53	Barreto, Scherich	SPIRE Invite (2/15)	16th
	Welker, D'Egidio		
3:53.05	Barreto, Scherich	Akron Invite (2/8)	5th
	Welker, D'Egidio		
3:56.10	D'Egidio, Barreto	Big 12 Indoor (3/1)	9th
	Scherich, Welker		
3:59.32	Welker, D'Egidio	PSU National (1/31)	17th
	Scherich, Barreto		

Ashanti Bess (So.)

60 Meters

8.12	Ashanti Bess	Akron Invite (2/8)	24th
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200 Meters (26.08!)

26.20	Ashanti Bess	Akron Invite (2/8)	11th(b)
26.30	Ashanti Bess	WVU Invite (1/18)	1st
26.36	Ashanti Bess	YSU Invite (1/24)	11th
26.59	Ashanti Bess	PSU Relays (1/11)	15th

4x400 Meter Relay

4:04.89	Welker, Bess	YSU Icebreaker (12/6)	3rd
	Tyree, Scherich		



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Tori Bertrand (Fr.)

Pole Vault

3.33m Tori Bertrand WVU Invite 3rd
3.22m Tori Bertrand Akron Invite (2/8) 10th(b)
3.15m Tori Bertrand PSU Relays (1/11) 6th
3.10m Tori Bertrand YSU Invite (1/24) t11th
3.10m Tori Bertrand YSU Invite (1/24) t11th

Amy Cashin (Fr.)

1,000 Meter

2:54.80 Amy Cahin Big 12 Indoor (3/1) 10th
2:56.15 Amy Cashin WVU Invite (1/18) 1st

800 Meters

2:13.35! Amy Cashin Akron Invite (2/8) 5th
2:13.86 Amy Cashin Columbia Last Chance (3/8) 3rd
2:15.49 Amy Cashin YSU Invite (1/24) 2nd

4x800 Meter Relay

9:10.68 Cashin, Martinelli PSU National (1/31) 1st
..... Yuan, Kerekes

Distance Medley Relay

11:45.00 Cashin, Welker PSU National (1/31) 2nd
..... Scott, Plombon

Shannen Daly (Fr.)

Distance Medley Relay

12:14.52 Kerekes, Daly PSU Relays (1/11) 2nd
..... Scott,

500 Meters

1:19.46 Shannen Daly WVU Invite (1/18) 2nd

800 Meters

2:19.17! Shannen Daly Akron Invite (2/8) 4th(b)
2:22.60 Shannen Daly YSU Invite (1/24) 14th

Christa D'Egidio

4x400 Meter Relay

3:52.53 Barreto, Scherich SPIRE Invite (2/15) 16th
..... Welker, D'Egidio

3:53.05 Barreto, Scherich Akron Invite (2/8) 5th
..... Welker, D'Egidio

3:56.10 D'Egidio, Barreto Big 12 Indoor (3/1) 9th
..... Scherich, Welker

3:59.32 Welker, D'Egidio PSU National (1/31) 17th
..... Shcerich, Barreto

Kiley Defibaugh (Jr.)

Pole Vault (3.51m!)

3.25m Kiley Defibaugh YSU Invite (1/24) 8th
3.20m Kiley Defibaugh SPIRE Invite (2/15) 7th
3.15m Kiley Defibaugh PSU Relays (1/11) 8th
NH Kiley Defibaugh WVU Invite (1/19) NH

Allie Diehl (Fr.)

3,000 Meters

10:53.71! Allie Diehl Akron Invite (2/8) 11th(b)

11:03.94 Allie Diehl PSU Relays (1/11) 13th

Mile

5:35.66 Allie Diehl WVU Invite (1/18) 9th

Arielle Gaither (Sr.)

800 Meters (2:24.13!)

2:24.13! Arielle Gaither YSU Invite (1/24) 20th

2:26.93 Arielle Gaithe WVU Invite (1/18) 2nd

600 Meters

1:39.50 Arielle Gaither SPIRE Invite (2/15) 13th

500 Meters

1:25.63 Arielle Gaither PSU National (1/31) 23rd

Emily Gillespie (Fr.)

Pole Vault

3.22m! Emily Gillespie Akron Invite (2/8) 14th(b)

3.18m Emily Gillespie WVU Invite (1/18) t4th

3.15m Emily Gillespie PSU Relays (1/11) 9th

2.80m Emily Gillespie YSU Invite (1/24) t22nd

Rachel Hewitt (Fr.)

Pole Vault

3.52m! Rachel Hewitt Akron Invite (2/8) 7th(b)

3.10m Rachel Hewitt YSU Invite (1/24) t15th

3.03m Rachel Hewitt WVU Invite (1/18) 7th

Chelsea Jarvis (Sr.)

3,000 Meters

10:47.42 Chelsea Jarvis Akron Invite (2/8) 5th(b)

5,000 Meters

19:41.90 Chelsea Jarvis WVU Invite (1/18) 1st

Brianna Kerekes (Fr.)

Distance Medley Relay

12:14.52 Kerekes, Daly PSU Relays (1/11) 2nd

..... Scott,

500 Meters

1:21.51 Brianna Kerekes WVU Invite (1/18) 3rd

800 Meters

2:16.50! Brianna Kerekes Columbia Last Chance (3/8) 6th

2:17.14 Brianna Kerekes SPIRE Invite (2/15) 32nd

2:19.04 Brianna Kerekes Akron Invite (2/8) 3rd(b)

2:21:60 Brianna Kerekes YSU Invite (1/24) 7th

4x800 Meter Relay

9:10.68 Cashin, Martinelli PSU National (1/31) 1st

..... Yuan, Kerekes

Karissa Knabenshue (Jr.)

Shot Put (12.99m!)

12.99m! Karissa Knabenshue .. WVU Invite (1/18) 1st

12.60m Karissa Knabenshue .. Akron Invite (2/8) 5th(b)



WEST VIRGINIA

TRACK & FIELD

Indoor Top Five Performers List

12.07m Karissa Knabenshue..YSU Invite (1/24) 18th

Weight Throw (15.18m!)

14.63m Karissa Knabenshue..WVU Invite (1/18) 3rd
 13.95m Karissa Knabenshue..Akron Invite (2/8) 18th(b)

Sarah Martinell (Sr.)

Mile (4:47.11!)

4:47.11! Sarah Martinelli Columbia Last Chance (3/8) 6th
 4:47.13 Sarah Martinelli SPIRE Invite (2/15) 7th
 4:47.48 Sarah Martinelli Big 12 Indoor (3/1) 5thQ
 4:52.08 Sarah Martinelli Big 12 Indoor (3/1) 7th

1,000 Meter (2:57.88!)

2:57.88! Sarah Martinelli WVU Invite (1/18) 2nd

800 Meters (2:16.37!)

2:16.37! Sarah Martinelli YSU Invite (1/24) 3rd

4x800 Meter Relay

9:10.68 Cashin, Martinelli PSU National (1/31) 1st
 Yuan, Kerekes 1st

Marsielle McBeam (So.)

High Jump

1.72m! Marsielle McBeam SPIRE Invite (2/15) 1st
 1.70m Marsielle McBeam PSU National (1/31) 5th
 1.65m Marsielle McBeam Big 12 Indoor (3/1) 13th
 1.65m Marsielle McBeam PSU Relays (1/11) t6th
 1.65m Marsielle McBeam WVU Invite (1/18) t1st
 1.65m Marsielle McBeam Akron Invite (2/8) 5th

Kim Mulvin (Sr.)

Pole Vault (3.36m!)

3.22m Kim Mulvin Akron Invite (2/8) 15th(b)
 3.18m Kim Mulvin WVU Invite (1/18) t4th
 3.10m Kim Mulvin YSU Invite (1/24) t11th

Stormy Nesbit (Sr.)

Triple Jump

12.60m Stormy Nesbit Big 12 Indoor (3/1) 2nd
 12.42m Stormy Nesbit WVU Invite (1/18) 1st
 12.37m Stormy Nesbit YSU Invite (1/24) 1st
 12.27m Stormy Nesbit PSU National (1/31) 5th

Long Jump

5.88m Stormy Nesbit Big 12 Indoor (3/1) 6th
 5.84m Stormy Nesbit Akron Invite (2/8) 2nd
 5.82m Stormy Nesbit PSU National (1/31) 3rd
 5.50m Stormy Nesbit SPIRE Invite (2/15) 12th

Allison Pettit (Sr.)

Mile (5:04.83!)

5:25.67 Allison Pettit Akron Invite (2/8) 16th
 5:26.93 Allison Pettit YSU Invite (1/24) 22nd

Savanna Plombon (So.)

3,000 Meters

9:47.60 Savanna Plombon Big 12 Indoor (3/1) 17th

Distance Medley Relay

11:45.00 Cashin, Welker PSU National (1/31) 2nd
 Scott, Plombon 2nd

Alyssa Scherich (So.)

400 Meters

59.76 Alyssa Scherich Akron Invite (2/8) 12th(b)

500 Meters

1:18.32! Alyssa Scherich WVU Invite (1/18) 1st
 1:18.53 Alyssa Scherich PSU National (1/31) 14th
 1:18.91 Alyssa Scherich PSU Relays (1/11) 14th

600 Meters

1:26.41 Alyssa Scherich Big 12 Indoor (3/1) 13th
 1:34.84 Alyssa Scherich SPIRE Invite (2/15) 8th

800 Meters

2:21.00 Alyssa Scherich Columbia Last Chance (3/8) 12th

4x400 Meter Relay

3:52.53 Barreto, Scherich SPIRE Invite (2/15) 16th
 Welker, D'Egidio 16th
 3:53.05 Barreto, Scherich Akron Invite (2/8) 5th
 Welker, D'Egidio 5th
 3:56.10 D'Egidio, Barreto Big 12 Indoor (3/1) 9th
 Scherich, Welker 9th
 3:59.32 Welker, D'Egidio PSU National (1/31) 17th
 Scherich, Barreto PSU National (1/31) 17th
 4:04.89 Welker, Bess YSU Icebreaker (12/6) 3rd
 Tyree, Scherich 3rd
 4:05.91 Welker, Scherich PSU Relays (1/11) 10th
 Kerekes, Stone 10th

400 Meters (59.47!)

59.29 Alyssa Scherich YSU Invite (1/24) 7th

Sydney Scott (Fr.)

Distance Medley Relay

11:45.00 Cashin, Welker PSU National (1/31) 2nd
 Scott, Plombon 2nd
 12:14.52 Kerekes, Daly PSU Relays (1/11) 2nd
 Scott, 2nd

800 Meters

2:26.37! Sydney Scott WVU Invite (1/18) 1st

Mile

4:57.67! Sydney Scott SPIRE Invite (2/15) 22nd
 5:00.78 Sydney Scott Akron Invite (2/8) 5th
 5:03.45 Sydney Scott YSU Invite (1/24) 1st

3,000 Meters

9:44.91 Sydney Scott Big 12 Indoor (3/1) 13th

Katlyn Shelar (Sr.)

Pole Vault

3.98m! Katlyn Shelar SPIRE Invite (2/15) 2nd



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Indoor Top Five Performers List

3.97m	Katlyn Shelar	Akron Invite (2/8)	2nd
3.95m	Katlyn Shelar	Big 12 Indoor (3/1)	4th
3.90m	Katlyn Shelar	WVU Invite (1/18)	1st
3.80m	Katlyn Shelar	PSU Relays (1/11)	2nd
3.75m	Katlyn Shelar	YSU Icebreaker (12/6)	1st
3.70m	Katlyn Shelar	YSU Invite (1/24)	3rd

Hannah Stone (Fr.)

High Jump

1.75m!	Hannah Stone	Big 12 Indoor	4th
1.73m	Hannah Stone	Akron Invite (2/8)	2nd
1.70m	Hannah Stone	YSU Invite (1/24)	2nd
1.67m	Hannah Stone	SPIRE Invite (2/15)	t5th
1.65m	Hannah Stone	PSU Relays (1/11)	t6th
1.65m	Hannah Stone	WVU Invite (1/18)	t1st

4x400 Meter Relay

4:05.91	Welker, Scherich	PSU Relays (1/11)	10th
	Kerekes, Stone		

Paige Szabat (Fr.)

3,000 Meters

10:08.18	Paige Szabat	Big 12 Indoor (3/1)	31st
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Allison Tyree (Sr.)

500 Meters (1:20.56!)

1:26.85	Allison Tyree	PSU Relays (1/11)	31st
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4x400 Meter Relay

4:04.89	Welker, Bess	YSU Icebreaker (12/6)	3rd
	Tyree, Scherich		

1,000 Meters

3:22.93	Allison Tyree	WVU Invite (1/18)	3rd
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800 Meters (2:24.88!)

2:24.88!	Allison Tyree	YSU Invite (1/24)	24th
2:27.39	Allison Tyree	Akron Invite (2/8)	16th(b)

Caitlin Walton (Jr.)

Pole Vault (3.30m!)

3.22m	Caitlin Walton	Akron Invite (2/8)	12th(b)
3.18m	Caitlin Walton	WVU Invite (1/18)	t4th
3.10m	Caitlin Walton	YSU Invite (1/24)	t11th

Bria Welker (Fr.)

60 Meters

7.87!	Bria Welker	WVU Invite (1/18)	1st
7.98	Bria Welker	YSU Invite (1/24)	7th

200 Meters

25.59!	Bria Welker	YSU Invite (1/24)	3rd
26.07	Bria Welker	YSU Icebreaker (12/6)	3rd

400 Meters

57.20!	Bria Welker	Akron Invite (2/8)	1st(b)
57.46	Bria Welker	SPIRE Invite (2/15)	9th
58.71	Bria Welker	YSU Icebreaker (12/6)	2nd
1:00.37	Bria Welker	WVU Invite (1/18)	1st

500 Meters

1:18.86!	Bria Welker	PSU Relays (1/11)	13th
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4x400 Meter Relay

3:52.53	Barreto, Scherich	SPIRE Invite (2/15)	16th
	Welker, D'Egidio		
3:53.05	Barreto, Scherich	Akron Invite (2/8)	5th
	Welker, D'Egidio		
3:56.10	D'Egidio, Barreto	Big 12 Indoor (3/1)	9th
	Scherich, Welker		
3:59.32	Welker, D'Egidio	PSU National (1/31)	17th
	Shcherich, Barreto	PSU National (1/31)	
4:04.89	Welker, Bess	YSU Icebreaker (12/6)	3rd
	Tyree, Scherich		
4:05.91	Welker, Scherich	PSU Relays (1/11)	10th
	Kerekes, Stone		

Distance Medley Relay

11:45.00	Cashin, Welker	PSU National (1/31)	2nd
	Scott, Plombon		

Kelly Williams (So.)

Mile

5:01.48	Kelly Williams	Big 12 Indoor (3/1)	13th
5:07.38	Kelly Williams	Alex Wilson Invite (2/22)	19th

Megan Yuan (Fr.)

4x800 Meter Relay

9:10.68	Cashin, Martinelli	PSU National (1/31)	1st
	Yuan, Kerekes		

Mile

5:01.45	Megan Yuan	SPIRE Invite (2/15)	26th
5:02.57	Megan Yuan	Columbia Last Chance (3/8)	10th

3,000 Meters

9:49.19	Megan Yuan	Big 12 Indoor (3/1)	18th
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WEST VIRGINIA

TRACK & FIELD

2013-14 Indoor Performance List

!-Personal Best | ^-School Record | p-Prelims | s-Semifinals | t-Tied

60 Meters

1. Stacian Brown.....	7.34	1999
2. Jessica Czaikowski.....	7.49	2007
3. Ciara Chic.....	7.54	2003
4. Chelsea Carrier.....	7.56	2011
5. Sabrina Cox.....	7.58	2000

60 Meter Hurdles

1. Chelsea Carrier.....	8.08	2011
2. Stacian Brown.....	8.22	1999
3. Jessica Czaikowski.....	8.23	2005
4. Chene Townsend.....	8.38	2013
5. Pat Itanyi.....	8.42	1996

200 Meters

1. Stacian Brown.....	23.63	1999
2. Maxine Dawkins.....	23.78	1998
3. Marlene Dawkins.....	23.80	1997
4. Tammy Henderson.....	24.12	1984
5. April Rotilio.....	24.17	2009

400 Meters

1. April Rotilio.....	54.29	2009
2. Tameca Williams.....	54.79	1998
3. Kristy Beans.....	55.09	1992
4. Connie Ellerbe.....	55.18	1991
5. Claudette Rodgers.....	55.24	1989

500 Meters

1. Connie Ellerbe.....	1:12.84	1990
2. Pamela Richardson.....	1:12.93	2005
3. Tamara Stoner.....	1:14.35	1995
4. Holly Workman.....	1:14.42	1986
5. Aileen Smith.....	1:14.56	2001

800 Meters

1. Kate Vermeulen.....	2:06.42	1999
2. Keri Bland.....	2:06.72	2009
3. Aileen Smith.....	2:08.81	2001
4. Jennifer Kemp.....	2:09.55	2005
5. Merissa Sexsmith.....	2:09.98	2000

Mile

1. Keri Bland.....	4:34.78	2009
2. Megan Metcalfe.....	4:35.89	2004
3. Kelly Williams.....	4:36.77	2013
4. Karly Hamric.....	4:38.55	2010
5. Kate Vermeulen.....	4:39.05	1999

1,000 Meters

1. Kate Vermeulen.....	2:43.01	1999
2. Kaylyn Christopher.....	2:45.56	2011
3. Karly Hamric.....	2:46.03	2010
4. Megan Metcalfe.....	2:46.78	2004
5. Merissa Sexsmith.....	2:47.48	2000

3,000 Meters

1. Megan Metcalfe.....	8:58.17	2005
2. Jessica O'Connell.....	9:14.12	2011
3. Marie-Louise Asselin.....	9:14.44	2008
4. Rebecca Stallwood.....	9:26.81	2002
5. Kaylyn Christopher.....	9:27.16	2011

5,000 Meters

1. Marie-Louise Asselin.....	15:50.53	2010
2. Clara Grandt.....	16:04.24	2010
3. Sarah-Anne Brault.....	16:17.95	2011
4. Tara Struyk.....	16:22.44	2004
5. Rebecca Stallwood.....	16:25.03	2002

60 Meter Hurdles

1. Chelsea Carrier.....	8.08	2011
2. Stacian Brown.....	8.22	1999
3. Jessica Czaikowski.....	8.23	2005
4. Chené Townsend.....	8.38	2013
5. Pat Itanyi.....	8.42	1996

High Jump

1. Sharon Pfister.....	1.78m	1985
Sydney Cummings.....	1.78m	2013
3. Katelyn Williams.....	1.75m	2010
4. Nancy Regalbuto.....	1.74m	2005
Alethea Moody.....	1.74m	1988

Long Jump

1. Pat Itanyi.....	6.48m	1996
2. Christine Brown.....	6.21m	2003
3. Chelsea Carrier.....	6.10m	2010
4. Abbie Stechschulte.....	5.92m	2007
Stormy Nesbit.....	5.92m	2013

Triple Jump

1. Christine Brown.....	12.52m	2001
2. Stormy Nesbit.....	12.42m	2014
3. Stormy Nesbit.....	12.26m	2012
4. Tessie Palmer.....	12.20m	1989
5. Randi Bell.....	11.81m	1986

Shot Put

1. Jodi Smith.....	14.80m	1984
2. LaShawna Black.....	13.10m	2008
3. Karissa Knabenshue.....	12.99m	2014



WEST VIRGINIA

TRACK & FIELD

Indoor Top Five Performers List

3. Abbie Stechschulte.....	12.83m	2007
4. Michelle McGinnis	12.53m	2003
5. Becky Gorby	12.37m	1984

3,000 Meters

1. Megan Metcalfe.....	8:58.17	2005
2. Jessica O'Connell.....	9:14.12	2011
3. Marie-Louise Asselin	9:14.44	2008
4. Rebecca Stallwood	9:26.81	2002
5. Kaylyn Christopher.....	9:27.16	2011

5,000 Meters

1. Marie-Louise Asselin	15:50.53	2010
2. Clara Grandt.....	16:04.24	2010
3. Sarah Anne-Brault	16:17.95	2011
4. Tara Struyk	16:22.44	2004
5. Rebecca Stallwood	16:25.02	2002

Long Jump

1. Pat Itanyi	6.48m	1996
2. Christine Brown.....	6.21m	2003
3. Chelsea Carrier	6.10m	2010
4. Abbie Stechschulte.....	5.92m	2007
Stormy Nesbit	5.92m	2013

Triple Jump

1. Christine Brown.....	12.52m	2001
2. Stormy Nesbit	12.42m	2014
3. Stormy Nesbit	12.26m	2012
4. Tessie Palmer.....	12.20m	1989
5. Stormy Nesbit	11.89m	2013

High Jump

1. Sharon Pfister	1.78m	1985
Sydney Cummings	1.78m	2013
3. Katelyn Williams	1.75m	2010
4. Nancy Regalbuto.....	1.74m	2004
Alethea Moody	1.74m	1988

Weight Throw

1. Heather Adams.....	18.18m	2013
2. Terina Miller	16.73m	2012
3. Karissa Knabenshue	15.18m	2013
4. Michele McGinnis	15.05m	2004
5. Alanna Pritts.....	14.65m	2013

Shot Put

1. Jodi Smith.....	14.80m	1984
2. LaShawna Black	13.10m	2008
3. Karissa Knabenshue	12.99m	2014
4. Abbie Stechschulte.....	12.83m	2007
5. Michelle McGinnis	12.53m	2003

Pole Vault

1. Erin Nett	4.07m	2001
2. Katlyn Shelar.....	3.98m	2014
3. Alex Acker.....	3.87m	2009
4. Kristen Loughry.....	3.80m	2008
5. Katlyn Shelar.....	3.77m	2012

Pentathlon

1. Chelsea Carrier	4,170	2011
2. Pat Itanyi	4,111	1997
3. Abbie Stechschulte.....	4,016	2007
4. Chelsea Carrier.....	3,967	2009
5. Sharon Pfister	3,817	1986

4x800 Meter Relay

1. Keri Bland, Kaylyn Christopher,	8:44.98	2010
Marie-Louise Asselin, Jessica O'Connell
2. Merissa Sexsmith, Ailene Smith,	8:50.10.....	2002
Rebecca Stallwood, Jennifer Davis.....
3. Karly Hamric, Kaylyn Christopher,	8:51.55.....	2009
Alison Spiker, Keri Bland.....
4. Jennifer Kemp, Rebecca Stallwood,	8:52.44	2002
Jennifer Davis, Ailene Smith
5. Jennifer Kemp, Rebecca Stallwood,	8:52.59	2002
Jennifer Davis, Merissa Sexsmith.....

Distance Medley Relay

1. Kaylyn Christopher, April Rotilio,	11:05.12	2009
Karly Hamric, Keri Bland.....
2. Marie-Louise Asselin, April Rotilio,	11:07.64	2008
Karly Hamric, Keri Bland
3. Keri Bland, April Rotilio,	11:09.28	2010
Kaylyn Christopher, Jessica O'Connell
4. Kaylyn Christopher, April Rotilio,	11:11.33	2009
Karly Hamric, Keri Bland.....
5. Pam Richardson, Ailene Smith,	11:11.98	2003
Jennifer Kemp, Megan Metcalfe.....